

# Contents

<b>Introduction</b> . . . . .	5
<b>Module 1: Introduction to the Course</b> . . . . .	12
<b>Module 2: Risk Taking</b> . . . . .	21
<b>Module 3: Lost Childhoods and Entitlement</b> . . . . .	28
<b>Module 4: Self: Who Are You, Anyway?</b> . . . . .	41
<b>Module 5: Friends—To Trust or Not to Trust</b> . . . . .	49
<b>Module 6: Disrespect, Anger, and Shame— Dealing with the Heavy Hitters</b> . . . . .	57
<b>Module 7: Families</b> . . . . .	77
<b>Module 8: Grief and Loss</b> . . . . .	117
<b>Module 9: Taking Responsibility for Offending Behavior</b> . . . . .	127
<b>Module 10: Self-Forgiveness and Forgiving Others</b> . . . . .	156
<b>Module 11: The Future</b> . . . . .	172
<b>References</b> . . . . .	190
<b>Acknowledgments</b> . . . . .	191